



Course: ASSESS A WORKSITE & PREPARE FALL PROTECTION PLAN & PERFORM ADVANCE FALL ARREST RESCUES. Level 4

Duration: 4 days

Any person working in a fall risk position have to be managed as per current legislation. This could be achieved, by following a Fall Protection Plan which is not only site specific, but also addressing all fall hazards. Persons in managerial positions on such sites, must be competent to perform fall risk assessments. They must then be competent to develop and implement a Fall Protection Plan. It is also legally required to have rescue plans drawn up for that site. The Fall Protection Plan Developer must be competent to not only compile a rescue plan but also perform such rescues in accordance to that plan. This course is designed to provide employees in a managerial position (team leaders/supervisors), with sound knowledge to implement a Fall Protection Plan on a work site. They will also be able to use and perform advanced fall rescues.

SAQA U/S Id: 229994 & 229999 NQF Level 4

Course Objectives

The aim of the course is for the delegate to be able to understand, develop and implement a fall protection plan. The delegate will also be able to install, use and perform advanced rescues from fall arrest systems.

Course Outcomes

At the end of the course the following knowledge / topics would have been covered and mastered:

- Legislation regarding work at height as well as Fall Risk Assessments
- How to conduct a fall risk assessment on site
- Lay-out of a Fall Protection Plan (FPP)
- How to compile a FPP
- How to implement a FPP
- Monitoring and reviewing a FPP
- Design a rescue plan.
- Understand a range of advanced Rescue Techniques
- Perform advance rescues.
- Theoretical Assessment
- Practical Assessment

Target Group

Any person in management (SHE Managers, Site supervisors, safety officers, legally appointed Construction Regulations Section 10.1 (a) persons) where work in elevated positions are being performed by the company. This course will enable anyone who is involved in managing employees who are working at height, to develop (write) and implement a fall protection plan.

Pre-Requisites

Competency in Basic Fall Arrest and Rescue course a pre-requisite for attending the course. The learners need to have NQF 3 communication and literacy skills. Further requirement is to participate completely in the training intervention with regards to theoretical, practical training and submitting of the Portfolio of evidence. Must be able to climb up and down scaffold towers.

Language

This course is presented in the English language

Learning Material

Delegates will receive the course material on how to assess a worksite and prepare a Fall Protection Plan & Advanced Rescue Techniques for Level 4.

Course Requirements

The learners must bring along a copy of the learner's ID, valid Medical certificate (stipulated by the SSETA code of conduct) and current Fall Arrest & Rescue Certificate. Photos will be taken at venue for additional cards. Fall arrest equipment will be issued for the practical training session.

Certification & Assignment

After successful completion of the course the learners will be issued with a proof of attendance. After successful completion of the course the learners will be issued with a proof of attendance. After the SSETA has issued a Statement of Results, a certificate of competence will be issued by the Institute for Work at Height

- Advantage ACT is a Department of Labour First Aid Training Institution: No. CI 413 for First Aid Level 1, 2 and 3.
- We are an Accredited Education and Training Provider with the HWSETA: 592PA05000117.
- Advantage A.C.T. makes use of registered facilitators, assessors and moderators when presenting courses.
- Advantage ACT supplies each delegate with morning tea/coffee, a LIGHT lunch and filtered water when training at our ACT venue. Should you have requirements beyond what we provide, kindly make sure you make provision accordingly.

